

GUIDELINES FOR GETTING BACK TO PLAY

Coming back to play league night can be uncertain during this time of COVID.

We've created a list of guidelines to help players be safe moving forward!

● LEAGUE NIGHT

When possible, select 5 players who will play that night. Also limit the amount of players around the table to the coach/scorekeeper and player. Remember that rosters are available on member services and the APA App, to plan who will be playing.

● WASH YOUR HANDS

It is recommended that you wash your hands BEFORE and AFTER your match. Hand sanitizer does a lot but nothing is as good as washing your hands with soap and water for at least 20 seconds.

● DON'T SHAKE HANDS

Good Sportsmanship is the most important part of the game, however due to the current situation, we suggest skipping shaking hands before and after a match. Instead communicate with your opponent and say GOOD GAME, for now. Be sure to have good sportsmanship!

● HAND SANITIZER

Have hand sanitizer on hand as a back up to use between games/matches.

● WEAR A MASK

We encourage players to wear masks. Please follow the Host Locations recommendations and guidelines. Do not act unsportsmanlike to anyone who chooses to (or doesn't) wear a mask. Be respectful to those around you.

● USE YOUR OWN EQUIPMENT

Most players have their own cues, chalk and powder. Try to use your own equipment, when possible, and avoid sharing for now. If you use a glove, be sure to wash it after each match. Follow manufacturing guidelines on sanitizing cues and other equipment.

● DON'T TOUCH YOUR FACE

We know it is difficult, but try to not touch your eyes, nose or mouth. Use a napkin, towel or even the inside of your shirt to touch any part of your face with unclean hands.

● IF YOU DON'T FEEL WELL

If you don't feel well, please STAY HOME!

Please respect and follow any guidelines set by the Host Location.
Contact the office with any questions - 207-353-6466 or postro@apamaine.com
www.apamaine.com

